

OFFICIAL TEAMS TRAINING
2013 ICF Canoe Freestyle World Championships



PLEASE NOTE:

- Actual release schedules for the Nantahala River are posted only three days in advance. Actual release schedules can be viewed at: <http://www.duke-energy.com/lakes/nantahala/nan-scheduled-flow-releases.asp> (scroll to the bottom of the page)
- On Monday, September 2nd, Teams Training Sessions will end at 4 PM, and the feature will close until after the Opening Ceremonies.

TRAINING GROUPS:

A:	NOR IRL AUS SWE
B:	USA
C:	NZL ARG ESP CRC BRA
D:	FRA POL CZE IRS SVK NED
E:	JPN KOR FIN
F:	CAN
G:	GBR
H:	GER AUT RUS BEL
	SQUIRT*

	MONDAY, AUG 26	TUESDAY, AUG 27	WEDNESDAY, AUG 28	THURSDAY, AUG 29	FRIDAY, AUG 30	SATURDAY, AUG 31	SUNDAY, SEPT 1	MONDAY, SEPT 2
11:30 AM	A	B	C	D	E	F	G	H
12:30 PM	B	C	D	E	F	G	H	A
1:30 PM	C	D	E	F	G	H	A	B
2:30 PM	D	E	F	G	H	A	B	C
3:30 PM	E	F	G	H	A	B	C	D
4:30 PM	F	G	H	A	B	C	D	E
5:30 PM	G	H	A	B	C	D	E	F
6:30 PM	H	A	B	C	D	E	F	G
7:30 PM	Sq	Sq	Sq	Sq	Sq	Sq	Sq	Sq

*SQUIRT session is for ALL NATIONS and is designated for athletes in SQUIRT BOATS ONLY. Thank you for your understanding.